

# Predictors of three-month mortality and severe chemotherapy-related adverse events in patients aged 70 years and older with metastatic nonsmall-cell lung cancer: a secondary analysis of ESOGIA-GFPC-GECP 08-02 Study

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1	Predictors of three-month mortality and severe chemotherapy-related
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4	02 Study
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39	Abbreviations :
40	ADL, Activities of Daily living; ALB, albuminemia; CRAE, chemotherapy-related adverse
41	event; CRP, C-reactive protein; ECOG PS, Eastern Cooperative Oncology Group performance
42	status; GA, geriatric assessment; GPS, Glasgow Prognostic Score; TGUG, Test Get up and
43	Go; IADL, Instrumental Activities of Daily Living; LDH, lactate dehydrogenase; MDRD,
44	Modification of Diet in Renal Disease; MMSE, Mini-Mental State Examination; mNSCLC,
45	metastatic non-small-cell lung cancers; OS, overall survival
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47	

#### 48 ABSTRACT

*Background :* Predictors for mortality and toxicity in older patients with cancer are mainly studied in cohorts with various cancers at different stages. This study aims to identify predictive geriatric factors (PGFs) for early death and severe chemotherapy related adverse events (CRAEs) in patients aged 70 years and older ( $\geq$  70y) with metastatic non-small-cell lung cancer (mNSCLC).

54 *Material and Methods:* This is a secondary analysis of the multicenter, randomized, phase III
55 ESOGIA trial that compared, for patients ≥70y with mNSCLC, a treatment algorithm based
56 on performance status and age to another algorithm based on geriatric assessment. To identify
57 PGFs of 3-month mortality and grade-3, -4 or -5 CRAEs, multivariate Cox models and
58 logistic models, adjusted for treatment group and center, and stratified by randomization arm,
59 were constructed.

60 *Results:* Among 494 included patients, 145 (29.4%) had died at three months and 344 61 (69.6%) had severe chemotherapy toxicity. For three-months mortality, multivariate analyses 62 retained mobility (Test Get up and Go), instrumental activity of daily living (IADL) 63 dependence and weight loss as PGFs. The combined effect of IADL  $\leq 2/4$  and weight loss  $\geq 3$ 64 kg was strongly associated with three-month mortality (adjusted (a) HR: 5.71 [95% CI: 2.64– 65 12.32]). For chemotherapy toxicity, Charlson Comorbidity Index  $\geq 2$  was independently 66 associated with grade-3, -4 or- 5 CRAEs (aOR [95% CI]: 1.94 [1.06–3.56]).

67 *Conclusions:* Mobility, IADL dependence, and weight loss were predictive of three-month
68 mortality in a population aged 70 years and older treated for mNSCLC, while comorbidities
69 were independently associated with severe chemotherapy toxicity.

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#### 73 1. Introduction

74

The incidence of non-small-cell lung cancers (NSCLCs) in older patients is increasing in western countries, mainly due to an aging population . In Europe, almost half of patients with NSCLC are aged 70 years and older ( $\geq$ 70y) in 2020 [1]. As for the general population, lung cancer diagnoses for this age group are often obtained late, at metastatic stage (mNSCLC). Despite recent progress made with targeted therapies and anti-programmed–death protein (PD)-1 or anti-PD1–ligand immunotherapy, chemotherapy retains an important role and the prognosis remains somber [2].

Although it is accepted that chronological age should not be a barrier to access systemic cancer treatments, it is necessary to evaluate the individual risks versus benefits of receiving cancer treatment for patients  $\geq$ 70y [3]. The under-representation of older patients in clinical trials, the broad heterogeneity of their comorbidities, dependence and cognitive status, make it difficult to devise therapeutic guidelines [4,5]. The inclusion limited to fit patients in pivotal therapeutic studies make it extremely tricky to extrapolate their findings to routinely manage older patients [6–8].

89 In this context, geriatric assessment (GA) is able to identify frailty parameters and 90 comorbidities that could impact survival and the feasibility of oncological treatments. In that 91 way, GA could prove useful to classify patients into frailty groups, and thereby optimize 92 therapeutic strategies [9]. The phase III GFPC-GECP ESOGIA trial investigated a 93 chemotherapy allocation strategy based on this geriatric classification in patients  $\geq 70$  years 94 old with mNSCLC. This study randomized 494 patients, allotting them to one of two 95 strategies to assign chemotherapy: either classical criteria based on Eastern Cooperative 96 Oncology Group performance status (ECOG PS) and age or an algorithm based on GA 97 findings [10]. This study provided a geriatric characterization into three groups-fit, 98 vulnerable or frail-based on the GA conducted at inclusion for the entire population.

99 Although the results were negative for the main outcome criterion, i.e. time to treatment failure and overall survival (OS), the CRAEs and treatment failure frequencies were 100 101 significantly lower in the GA arm than in the standard-strategy arm. These results were 102 recently confirmed by two randomized trials [11,12]; the first, the GAP70+ trial, reporting 103 20% fewer grade-3, -4 or -5 adverse events (AEs) in the GA-guided intervention arm in 718 104 patients with metastatic cancers; the latter, the GAIN trial, demonstrated among 613 patients 105 with metastatic cancers that a specific GA-driven intervention was able to lower grade-3 or -4 106 AEs by 10.1%.

107 However, we still have little understanding of the geriatric parameters involved in 108 limiting toxicity. Admittedly, predictive scores for death or CRAEs using GA tools [13–15] 109 were developed in older patients with various solid cancers at different stages. However, 110 specific data in older patients with mNSCLC are still missing. The predictive value of these 111 scores may be inaccurate in disease-specific validation studies [16,17]. In this way, geriatric 112 frailty parameters should be investigated in the specific setting of a population of patients 113  $\geq$ 70y with advanced lung cancer. In the ESOGIA population, the common geriatric 114 prognostic factors of death and chemotoxicity, as well as their predictive value, might be 115 different from other settings.

116 The objective of this secondary analysis of the ESOGIA study was to determine geriatric 117 predictors for three-month mortality and severe chemotherapy related adverse events in 118 patients  $\geq$ 70y with mNSCLC.

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120	2.	Metho	ods
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122 2.1. Study design and population

124 This was an ancillary analysis of the ESOGIA trial data, whose methods and results were 125 published previously [10]. Briefly, the phase III randomized GFPC-GECP ESOGIA trial 126 enrolled between January 2010 and January 2013, 494 patients aged 70 years and older with 127 stage IV mNSCLC about to receive first-line therapy. Median follow-up was 4.5 months 128 (range, 0 to 36.7 months), and the final cutoff date was March 2014. Two chemotherapy-129 attribution algorithms were compared. One, based on the usual criteria (ECOG PS and age), 130 prescribed carboplatin-based doublet when  $PS \le 1$  and  $\le 75$  years, docetaxel monotherapy 131 when PS = 2 or age >75 years; the other, based on GA results, administered carboplatin-based 132 doublet for fit patients, docetaxel monotherapy for dependent patients or best supportive care 133 for frail patients. Data from the entire ESOGIA trial population that underwent GA at 134 inclusion were analyzed. ESOGIA trial was approved by the Rennes Ethics Committee and 135 was conducted in accordance with the Declaration of Helsinki and Good Clinical Practice 136 Guidelines.

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138 2.2. Endpoints

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The main outcome measure was three-month mortality. Secondary endpoint was severe
grade-3, -4 or -5 CRAEs, as defined in the Common Terminology Criteria for Adverse Events
version 4.

143

144 2.3. Geriatric assessment domains

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Geriatric variables explored in this analysis were: *dependency level* based on the six-item Activity of Daily Living (ADL) scale (personal hygiene, dressing, grooming, washing, transferring/mobility, continence, feeding) [18] and the four-item Instrumental Activity of Daily Living (IADL) scale (use of the telephone, use of public transportation, take 150 medications, manage finances) consistently classified in the ESOGIA trial [10] as follows: 151 ADL = 6 (independence) or ADL  $\leq$  5 and IADL = 4 (independence) or IADL = 3 or IADL  $\leq$ 152 2) [19]; cognitive status screening (Folstein's Mini Mental Status Examination (MMSE) ≤23, 153 cognitive impairment versus >23: no cognitive impairment) [20]; comorbidities (Charlson 154 Comorbidity Index score  $\geq 2$  (moderate to frequent comorbidities) versus 0–1 (few or mild 155 comorbidities) [21]; *depression* screening (Geriatric Depression Scale (GDS)-5 : 0–1 no risk; 156 2–3 moderate risk; 4–5 high risk) [22]; mobility (Test Get up and Go (TGUG) : normal versus 157 abnormal) [23]; continence (yes or no); fall during last year (yes or no), and nutritional status (body mass index (BMI, kg/m²) <21; underweight, 21-24.99 normal; ≥25 overweight or 158 159 obese); weight loss in the 6 past-months  $\leq 3$  versus  $\geq 3$  kg [24,25];

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#### 161 2.4. Other parameters

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163 Non-geriatric variables were also considered for the models fitting : **demographics** (age 164 and sex); smoking status (never, former or active smokers); functional status: ECOG PS; 165 cancer-related: treatment type (carboplatin-based doublet, monotherapy, i.e., docetaxel or best supportive care), and number of chemotherapy cycles; and biological markers: 166 167 hemoglobin (anemia defined as <12 g/dL for women and <13 g/dL for men), Modification of Diet in Renal Disease (MDRD) algorithm-estimated renal clearance (mL/min) (<30, renal 168 169 failure; 30–60, moderate renal insufficiency;  $\geq$ 60, normal renal function) [26], lactate 170 dehydrogenase (LDH) (analyzed as a continuous variable), C-reactive protein (CRP; analyzed as a continuous variable) and albuminemia (ALB; <30 vs  $\geq$ 30 g/dL) [27]. The latter two 171 variables were also analyzed as the CRP/ALB ratio, and as a composite parameter according 172 173 to the Glasgow Prognostic Score (GPS) (0 (CRP < 10 mg/L and ALB > 35 g/L) vs 1 (CRP < 174 10 mg/L and ALB < 35 g/L) vs 2 (CRP > 10 mg/L and ALB < 35 g/L) [28].

178 Standard descriptive analysis were used. Continuous variables are expressed as mean 179 (standard deviation, SD) or median (interquartile range, IQR) and categorical variables as 180 number (%). Three-month OS from the date of randomization was estimated using the 181 Kaplan–Meier method.

182 Geriatric factors associated with three-month mortality were identified using Cox 183 proportional hazards models, systematically adjusted for treatment group and center, and 184 included randomization arm as a strata. We add a "strata" option to the Cox model to assume 185 that the baseline hazard can be group specific due to the design; but the coefficients are the 186 same. For all endpoints, the variables with p < 0.20 in univariate analyses were further 187 examined in multivariate analyses. Correlations between each GA variables were tested in 188 bivariate models using Cramer's test to perform distinct models if correlations were high ( $\rho >$ 189 0.3). Multivariate Cox models were constructed with manual step-by-step adjustment 190 considering the number of chemotherapy cycles variable as a confounding factor. Indeed, the 191 number of chemotherapy cycles had an effect on mortality and toxicity and may be related to 192 both geriatric factors and outcomes. Because the number of chemotherapy cycles cannot be 193 considered a baseline characteristic, it was considered a time-varying covariate, obtained by 194 splitting each observation into time intervals, with each interval corresponding to a chemotherapy cycle (0-4 cycles). Interactions between each geriatric variables were 195 196 examined and interaction coefficient terms were tested manually in the multivariate model. 197 Separate models were run to account for correlated variables and to estimate each geriatric 198 domain's prognostic effect. Backward variable elimination according to the Akaike 199 information criterion (AIC) identified the most accurate and parsimonious model. Association 200 strengths are reported as hazard ratio (HR) [95% confidence interval (CI)]. The proportional 201 hazards assumption was assessed statistically using the Schoenfeld residuals test. Imputation was used to correct for missing laboratory values (e.g., ALB, CRP, LDH, hemoglobin level)
using the predictive mean-matching method (function pmm in Stata software) in multivariate
analyses. Overall fit of the models was assessed with the Brier score, calibration was assessed
with the calibration slope and discrimination capability with Harrell's C statistic.

The same method was applied for predicting severe (grade-3, -4 or -5) CRAEs using logistic-regression models, adjusted for treatment group, center and included randomization arm as a strata, and results are reported as odds ratio (OR) [95% CI].

All tests were two-sided, and p < 0.05 was considered significant. Analyses were computed using STATA software version 15.0 (StataCorp, College Station, TX) and R Studio Desktop (version 1.4.1106).

- 212 **3. Results**
- 213

214 *3.1. Patients* 

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216 Between January 2010 and January 2013, 45 French and Spanish centers (fourteen 217 university hospitals, four cancer centers, and 27 community hospitals) enrolled 494 patients 218 (median age 77 years; 74.2% male; 79.6% former or current smokers; 18.9% with ECOG PS 219 = 2) (**Table 1**). All patients underwent GA, 14.4% exhibited ADL dependence (ADL  $\leq$  5), 28.6% had IADL dependence (IADL  $\leq$  3), 15.4% had cognitive disorders risk (MMSE  $\leq$  23), 220 221 15.6% were at risk of depression (GDS5  $\geq$  2), 23.9% had major comorbidities (Charlson 222 Comorbidity Index  $\geq$  2) and 20.3% malnutrition (BMI < 21 kg/m2). Platinum-based doublet 223 (carboplatin-pemetrexed and carboplatin-gemcitabine for 30.0% and 10.1%, respectively), 224 docetaxel monotherapy and only best supportive care, respectively, were assigned to 40.1%, 225 48.5% and 11.4%. Median follow-up was 4.5 (range: 0–36.7) months. The median number of 226 chemotherapy cycles was 4 [IQR 1–4].

#### 228 3.2. Overall survival

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Median OS was 5.4 [95% CI: 4.89–5.85] months, with three-month OS rate of 70.6% [95% CI: 65.9% 74.8%]. Univariate analysis selected the following factors as being significantly associated with higher three-month mortality : IADL score  $\leq 2/4$ , MMSE  $\leq 23$ , GDS5 score 2–3, abnormal Test Get up and Go (TGUG), recent weight loss  $\geq 3$  kg and Charlson Comorbidity Index  $\geq 2$  for geriatric parameters; and male sex, ECOG PS = 2, anemia, ALB  $\leq 30$  g/L, a number of chemotherapy cycles < 4, elevated LDH and CRP concentrations for non-geriatric parameters (**Table 2**).

237 After backward stepwise regression analysis (according to the AIC), MMSE (p = 0.597) 238 and GDS5 (p = 0.838) for three-month mortality were removed while all other factors 239 included in the multivariate Cox regression turned out to be essential. We found a strong 240 correlation between IADL and TGUG ( $\rho = 0.51$ ), IADL and ECOG PS ( $\rho = 0.44$ ) as well as 241 anemia and CRP ( $\rho = 0.45$ ) (eTable 1). Given the collinearity among these variables, 242 predictors were fitted in separate multivariable models. Multivariate analyses retained the 243 following variables as independent factors associated with three-month mortality : IADL 244 dependence (IADL  $\leq 2/4$ ), abnormal TGUG mobility, weight loss  $\geq 3$ kg for geriatric 245 parameters; and male sex, functional status (ECOG PS = 2), anemia, CRP/ALB ratio and 246 LDH for non-geriatric parameters. An interaction was found between recent weight loss and 247 several IADL dependencies (IADL  $\leq 2$ ). When these two factors were present, the risk of 248 death at three months was much greater (HR 5.71 [95% CI 2.64–12.32]; p < 0.001; Figure 1). 249 The most performing and parsimonious multivariate Cox models for predicting three-250 month mortality were driven by either IADL & weight loss (model OS-1) or TGUG (model 251 OS-2) or PS (model OS-3). These models have similar performance to predict three-month 252 mortality with respective Harrell's C Statistic and Brier scores of 0.874 [95% CI: 0.8400.895] and 0.0114 for the model OS-1, 0.845 [95% CI: 0.803–0.872] and 0.0140 for the
model OS-2 and 0.862 [95% CI: 0.826–0.884] and 0.0139 for the model OS-3 (Table 3). The
predicting multivariate Cox models with albumin, CRP, and LDH used instead of anemia
(correlated variables) are shown in eTable 2. Calibration slopes indicate an underestimation
of three-month mortality risk for middle range (25-50%) and overestimation of three-month
mortality risk for high range (50%-100%) (eFigure 1).

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260 *3.3. Toxicities* 

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Univariate analyses identified the following factors as being significantly associated with the risk of grade -3, -4 or -5 CRAEs: IADL score  $\leq$  3, Charlson Comorbidity Index  $\geq$  2, the number of chemotherapy cycles < 4, fall during the preceding year and elevated CRP (**eTable 3**).

266 After imputation of missing values and backward stepwise regression analysis, two 267 parsimonious logistic models were constructed (Table 4). In both, severe comorbidities (CCI  $\geq$ 2) were significantly and independently associated with the risk of grade-3, -4 or -5 CREAs 268 (aOR [95% CI], respectively, 1.94 [95% CI: 1.06-3.56] in the model T1 and 1.88 [95% CI: 269 270 1.03–3.44] in the model T2). IADL dependence (IADL score  $\leq$ 3) and falls ( $\geq$  one during the 271 previous year) were also included in the best performing models but were not significantly associated with severe CREAs (aOR [95% CI]), respectively, 1.79 [95% CI: 0.99-3.24]; p = 272 273 0.053] and 2.09 [95% CI: 0.93–4.70]; p = 0.076) (**Table 4**).

AUROC-assessed discrimination of the model T1 was 0.631 [95% CI: 0.56–0.67], with a Brier score of 0.1902. The model T2 achieved AUROC discrimination of 0.642 [95% CI: 0.58–0.68], with a Brier score of 0.1905 (**Table 4**).

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- 278

#### 279 **4. Discussion**

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#### 281 4.1. Geriatric predictive factors of three-month mortality

282 This secondary analysis of ESOGIA phase III clinical trial found several GA factors i.e. 283 IADL dependence, nutritional status (weight loss >3 kg) and mobility (TGUG), to be 284 associated with greater risk of three-month mortality in patients aged 70 years and older 285  $(\geq 70y)$  treated for mNSCLC. The prognosis is even more dismal for patients combining 286 several instrumental dependencies and weight loss equal to or greater than three kilograms 287 during the last six months. To our knowledge, our study is the first to find that the interaction 288 between recent weight loss and dependence is a major predictive factor in older patients with 289 mNSCLC. The combination of these two factors might be a more important predictor of OS 290 than PS in this population.

291 Malnutrition of patients with cancer is an already well-established predictive factor of 292 OS, including for patients  $\geq$ 70y, whose frequency has been estimated between 55% and 83% 293 [11,12,29,30]. For patients  $\geq$ 70y treated for cancer and who had undergone GA, nutritional 294 status was significantly associated with change in chemotherapy strategy [31], completeness 295 of the treatment regimen and OS [32].

296 Concerning the degree of autonomy (ADL or IADL), literature findings are contradictory, 297 predictive of OS in some studies [33] but not others [13], even if the multivariate analysis 298 included the same adjustment dataset as ours [29,30]. In a retrospective Japanese study on 299 4837 older NSCLC patients [34], among all GA variables, the strongest contribution to the 300 OS-predictive model was provided by ADL. The association was even stronger as the ADL 301 dependence increased with, respectively, HRs [95% CI] at 1.54 [1.37–1.73], 2.48 [2.19–2.83] 302 or 3.21 [2.80–3.68] for mild, moderate or severe dependence. Although it remains difficult 303 today to conclude on the prognostic role of dependence, it is accepted that a general health evaluation based on the ECOG PS or Karnofsky index underestimates the extent of functional 304

305 limitations in older patients [35].

306 Our results also indicated that mobility was a factor associated with three-month 307 mortality. These findings are consistent with an analysis of 348 patients treated for cancer (all 308 sites combined) that found a significant TGUG-OS association (HR 2.55 [95% CI: 1.32-309 4.94]) [29]. However, an analysis limited to mNSCLC patients [30], pooling the data from 310 two randomized phase II studies, failed to find an association between the different GA 311 domains and OS, albeit mobility trended towards significance with HR at 0.25 [95% CI: 0.06-312 1.01] (p = 0.06). Mobility impairment is a major quality of life factor, also associated with PS 313 and depressive symptoms, which should be carefully considered among older adults with 314 cancer [36].

The predictive role of comorbidities on survival in oncology has been extensively reported [29,30,34,37]. For example, *Le Caer* found an HR of 1.46 [95% CI: 1.07–1.99] (p = 0.02) [30] for mNSCLC patients. Our analysis did not find that association, probably because 3-month mortality for mNSCLC patients is mainly linked to oncologic prognosis. Comorbidities would rather have an impact at intermediate term, with, in particular, a higher risk of competitive mortality, greater treatment-associated toxicity or suboptimal treatment, especially in the context of renal insufficiency [38,39].

Although GA-directed treatment allocation strategy wasn't associated with improved OS for patients with cancer [10], it provided a personalized evaluation that, along with other factors usually considered in oncology, could potentially help guide treatment choice(s), dose adaptation or both supportive and geriatric care interventions.

326

#### 327 4.2. Geriatric predictors of severe chemotherapy related-adverse events

328 As previously noted [40], we found that the Charlson Comorbidity Index was associated 329 with more CRAEs in a population treated for mNSCLC and whose management considered 330 geriatric frailty. However, IADL dependence and mobility failed to achieve significance. Even though comorbidities is not included in the CRASH and CARG score, comorbidity scores have already been reported to be associated to toxicities in older patients with various types of cancer [40] and with mNSCLC [41]. The predictive value of comorbidities for chemotoxicity might be stronger in real-life settings. Actually, a recent study in a real-life cohort developed a predictive score for toxicity which included cancer type, performance status, comorbidities, body mass index, and CHEMOTOX score, and found an AUC of 0.78 [17].

338 Autonomy impairment is not predictive for chemotoxicity in the CARG score [15] but is 339 a predictor of hematologic toxicity in the CRASH score [14] and an important predictor for 340 toxicity in The Vulnerable Elders Survey (VES-13) [42]. The predictive value of dependence 341 also appears to vary by cancer site. Unlike our findings, a prospective trial in 123 older 342 patients with previously untreated metastatic colorectal cancer have reported a strong 343 association between impaired IADL and grade 3-4 toxicity with an OR of 4.67 [IC 95% 1.42 -344 15.32] [43]; and similar results were observed in ovarian cancer [44]. Recent falls, for their 345 part, are included in the CARG score with a predictive value of OR = 2.47 [IC 95% 1.43 -346 4.27] but not in the CRASH score, illustrating the difficulties of replicating results in studies 347 with a highly heterogeneous population.

348 More broadly, it is accepted that frail geriatric patients are at greater risk of severe 349 chemotherapy-associated toxicities, hospitalizations and treatment interruptions, 350 independently of chronologic age and ECOG PS [37,45,46]. Unfortunately, even for our 351 analysis of a sample of patients with the same stage and tumor location, the identification of 352 geriatric factors associated with toxicity remained poor, which clearly highlights the 353 difficulties to predict toxicity in older subjects. Other indicators, like resting energy 354 expenditure or low lean mass, are being examined to better evaluated the risk of CRAEs in 355 this population [47,48].

356 4.4. Study limitations

357 The results of this analysis must be interpreted taking certain limitations into account. As 358 with any clinical trial, the ESOGIA trial proceeded to a selection of the study population, but 359 in a pragmatic way, with few exclusion criteria (ECOG PS > 2, severe concurrent disorders, 360 symptomatic brain metastases, and bronchoalveolar, neuroendocrine, or composite cancer 361 histology) and from a large number of participating centers, university centers but also 362 general hospitals. To support this, the enrolled patients had a median OS of 5.4 months and 363 almost 70% of the subjects were classified as vulnerable or fragile after the GA. Another 364 limitation is that the GA was done by the oncologist treating the patient—not by a specialized 365 geriatric oncology team, which could be a source of measurement bias. However, the 366 clinicians participating in the ESOGIA trial were trained to conduct GA. Extrapolation to 367 clinical practice is restricted by the time required for the GA and the accessibility to geriatric 368 expertise. A screening score, like G8, could better identify patients who would benefit the 369 most from a GA [29,49]. Finally, the agents used in thoracic oncology to treat metastatic 370 disease have considerably evolved over the past few years, particularly with immunotherapy 371 alone or combined with chemotherapy, leading to different toxicity spectra [50,51] that were 372 not analyzed herein.

In conclusion, the combined effect of dependence, weight loss and mobility were the main geriatric factors associated with 3-month mortality of patients >70 years with mNSCLC whose management was decided after GA. Concerning chemotherapy toxicity, it will be necessary to seek out other factors to evaluate the CRAE risk, a major outcome determinant in this population. For personalized prediction, it would be necessary to optimize the calibration of the models.

379

380 Conflicts of interest and diclosures : All authors have no conflicts of interest and disclosures.

381

382 Author contributions : Sebastien Gendarme for Conceptualization, Methodology, Validation,

383 Formal analysis, Writing - Original Draft, Visualization ; Sonia Zebachi for Methodology, 384 Software, Formal analysis, Data Curation, Visualization ; Romain Corre for Investigation, 385 Resources, Writing - Review & Editing; Laurent Greillier for Investigation, Resources ; 386 Grégoire Justeau for Investigation, Resources ; Olivier Bylicki for Investigation, Resources ; 387 Chantal Decroisette for Investigation, Resources ; Jean Bernard Auliac for Investigation, Resources ; Florian Guisier for Investigation, Resources ; Margaux Geier for Investigation, 388 389 Resources ; Charles Ricordel for Investigation, Resources ; Maxime Frelaut for Writing -390 Review & Editing ; Elena Paillaud for Writing - Review & Editing ; Christos Chouaid for 391 Conceptualization, Formal analysis, Investigation, Resources, Project administration ; 392 Florence Canoui-Poitrine for Conceptualization, Methodology, Validation, Formal analysis, 393 Supervision

#### 394 References

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575	Tables	and	<b>Figures</b>

577 **Table 1 -** Baseline characteristics of the 494 ESOGIA-trial participants.

578 **Table 2 -** Factors associated with 3-month mortality: univariate analysis

- 579 Table 3 Multivariate Cox analysis for the prediction of 3-months mortality (models with
  580 anemia)
- 581 **Table 4 -** Multivariate analysis of clinical factors associated with grade-3, -4 or -5 (versus 0, -

582 1 or -2) chemotherapy-induced toxicities in 437 patients given such therapy

583

- 584 Fig. 1. Forest plot of the HR [95% CI] for geriatric predictors of 3-months mortality
- 585 Note : \* The hazard ratio of TGUG is derived from the OS-2 multivariate model because of
- 586 the correlation of TGUG with IADL
- *Abbreviations*: kg, kilograms; CI, confidence interval; IADL, Instrumental Activities of Daily
  Living;
- 589 *Caption* : HR were calculated from parsimonious Cox proportional hazards models 590 accounting correlated variables adjusted for treatment, center and number of chemotherapy 591 cycles, and included randomization arm as a strata.

Characteristic	Value
Age (years) $(n = 493)$	77 [74–80]
Male sex $(n = 493)$	366 (74.2)
Smoker status ( $n = 368$ )	
Never-smokers	75 (20.4)
Former smokers	60 (16.3)
Current smokers	233 (63.3)
Treatment $(n = 493)$	
Docetaxel monotherapy	239 (48.5)
Best supportive care	56 (11.4)
Carboplatin doublet	198 (40.2)
Carbo-gemcitabine	50 (10.1)
Carbo-pemetrexed	148 (30.0)
ECOG PS $(n = 493)$	
0–1	400 (81.1)
2	93 (18.9)
Activities of Daily Living score $(n = 493)$	
6	422 (85.6)
<6	71 (14.4)
Instrumental Activities of Daily Living score $(n = 493)$	
4	352 (71.4)
3	90 (18.3)
<2	51 (10.3)
- Mini-Mental State Examination score (<23) (n = 493)	76 (15.4)
Geriatric Depression Scale 5 score $(n = 492)$	
0-1	416 (84.4)
2–3	61 (12.4)
4-5	15 (3.0)
Continence $(n = 493)$	469 (95 1)
Fall during last year $(n = 493)$	74 (15.0)
TGUG ( $n = 490$ )	, (10.0)
Normal	358 (73-1)
Abnormal	132 (26.9)
Recent weight loss (> $3kg$ ) (n = $484$ )	270 (55.8)
Body mass index $kg/m^2$ ( $n = 493$ )	210 (33.0)
21–24 99	195 (39.6)
<21	100 (20 3)
>25	198 (40 2)
Charlson Comorbidity Index score $(n - 493)$	170 (10.2)
0-1	375 (76.1)
>2	118 (23.9)
$\Delta$ lhuminemia (<30 g/L) (n - 348)	93(267)
$\frac{1}{2} \operatorname{Mouninening} \left( -30  g/L \right) \left( 11 - 340 \right)$	JJ (20.7)

593	Table 1 - Baseline characteristics of the 494 ESOGIA-trial	partici	pants.
0,0		p	

594 595 Values are expressed as number (%) or median [IQR].

596 Abbreviation: ECOG PS, Eastern Cooperative Oncology Group performance status.

598	Table 2 - Factors	associated with	3-month	mortality:	univariate	analysis
570		abboolated with	5 monu	mortuney.	amitatio	und yous

HR<sup>a</sup>

95% CI

500	
399	

Factor

Factor	$HR^{a}$	95% CI	р
Age, per 1-year increase	0.99	0.95-1.04	0.793
Age, years			
70–74	1.00 (ref)	_	0.325
75–79	0.74	0.46-1.18	
$\geq 80$	0.71	0.44-1.15	
Male vs female sex	2.39	1.47-1.57	< 0.001
Smoker status			
Never-smokers	1.00 (ref)	_	0.235
Former smokers	1.26	0.58-2.73	
Current smokers	1.63	0.90-2.95	
Treatment			
Carboplatin-based doublet	1.00 (ref)	_	< 0.001
Docetaxel monotherapy	2.70	1.70-4.27	
Best supportive care	6.81	3 84-12 08	
No. of chemotherapy cycles	0.01	5.01 12.00	
4	1.00 (ref)	_	<0.001
3	58 31	12 18-279 09	(0.001
2	151 15	35 65-640 91	
2	503.08	137 77_2553 01	
0	229.86	<i>AA</i> 02_1200 <i>A</i> 2	
Growth factors: yes us no $(n - 315)$	0.8	0.46_1.30	0.436
ECOC PS	0.0	0.40-1.39	0.430
0	1.00 (rof)		<0.001
0	2.15	- 177577	<0.001
1	5.15	1.72 - 3.77	
2 Activities of Deily Living score	0.85	5.50-15.42	
Activities of Daily Living score	1.00 (rof)		0 275
6	1.00 (101)	-	0.375
<0 Instrumental Astivitias of Daily Living secre	1.24	0.//-1.99	
	1.00 (mof)		<0.001
4	1.00 (ref)	- 1 19 <b>2</b> 04	<0.001
3	1.80	1.18-2.94	
S2 Continuos no vo vo	4.28	2.00-7.04	0.905
Continence, no vs yes	1.09	0.56-2.09	0.805
IGUG: abnormal vs normal	1.01	1.08-2.39	0.019
Fall during last year, yes vs no	1.12	0.70-1.80	0.642
Mini-Mental State Examination score: $\leq 23$ vs	2.34	1.50-3.64	< 0.001
>23			
Geriatric Depression Scale 5 score	1.00 (		0.000
0-1	1.00 (ref)	-	0.033
2–3	1.71	1.08–2.72	
4–5	1.98	0.91–4.26	
Body mass index, kg/m <sup>2</sup>			
21–24.99	1.00 (ref)	_	0.235
<21	1.24	0.79–1.94	
$\geq 5$	0.84	0.55-1.26	
Recent weight loss ( $\geq 3 \text{ vs} < 3 \text{ kg}$ )	2.66	1.75-4.04	< 0.001
Charlson Comorbidity Index: $\geq 2 \text{ vs } 0-1$	1.86	1.27-2.74	0.002
Renal function: $\geq 60 \text{ mL/min} (n = 459)$	1.00 (ref)	_	0.502

## 0.502

30-60	1.18	0.73-1.89	
<30	4.28	0.97-18.85	
Albuminemia: $\leq 30 \text{ vs} > 30 \text{ g/L} (n = 348)$	2.94	1.88-4.62	< 0.001
C-reactive protein per 1 SD increase <sup>b</sup> ( $n = 309$ )	1.72	1.48-2.00	< 0.001
Hemoglobin $(g/dL)$ (n = 476)	0.98	0.91-1.06	0.614
Anemia <sup>c</sup> : yes vs no $(n = 476)$	2.39	1.60-3.57	< 0.001
Lactate dehydrogenase, per 1 SD increase <sup><math>d</math></sup> (n =	1.3	0.96-4.08	0.001
323)			

602 603 Abbreviations: HR, hazard ratio; CI, confidence interval; ECOG PS, Eastern Cooperative Oncology Group performance status; TGUG, Test Get up and Go.

- <sup>a</sup>All Cox models were adjusted for treatment, center, and included randomization arm as a strata. <sup>b</sup>C-reactive protein: SD=48.9.
- <sup>c</sup>Anemia: <12 g/dL for women and <13 g/dL for men.
- <sup>d</sup>Lactate dehydrogenase: SD = 364.

619	'able 3 – Multivariate Cox analysis for the prediction of 3-months mortality (models w	vith
620	nemia)	

Variables	Model OS-1 (with IADL)		Model OS-2 (with TGUG)			Model OS-3 (with PS)			
	aHR	95% CI	р	aHR	95% CI	р	aHR	95% CI	р
Female sex (ref)	2.03	1.13-3.67	0.018	2.31	1.25-4.28	0.008	2.25	1.24-4.09	0.008
ECOG PS									
0 (ref)	-	_	_	_	_	_	1.00	_	_
1	_	_	_	_	_	_	1.90	1.00-3.63	0.051
$\geq 2$	_	_	_	_	_	_	3.07	1.51-6.26	0.002
Normal GUGT (ref)	-	_	_	1.61	1.05 - 2.47	0.028	-	_	_
IADL = 4 & RWL < 3 kg	1.00	_	_	_	_	_	-	_	_
(ref)									
IADL= 4 & RWL $\geq$ 3 kg	1.74	0.93-3.27	0.085	-	_	-	-	_	-
IADL = $3 \& RWL < 3 kg$	1.37	0.38-4.93	0.627	-	_	_	-	_	-
IADL = 3 & RWL $\geq$ 3 kg	2.72	1.30-5.66	0.008	-	_	_	-	_	-
IADL $\leq 2$ & RWL $\leq 3$ kg	2.19	0.76-6.25	0.144	-	_	-	-	_	-
IADL $\leq 2$ & RWL $\geq 3$ kg	5.71	2.65-12.30	< 0.001	-	_	_	-	_	-
$RWL \ge 3 \text{ kg vs} < 3 \text{ kg}$	-	_	_	2.06	1.26-3.37	0.004	1.89	1.17-3.07	0.009
CCI ≥2 vs 0–1	1.37	0.89-2.12	0.154	1.36	0.88 - 2.11	0.164	1.28	0.83-1.98	0.260
Anemia (yes vs no), n = 496	1.89	1.18-3.04	0.008	2.01	1.26-3.19	0.003	1.98	1.25-3.15	0.004
No. of chemotherapy cycles (continuous-tdv)	0.28	0.23–0.35	< 0.001	0.26	0.21-0.32	< 0.001	0.28	0.23–0.35	< 0.001
		0.074			0.042			0.075	
Harrell'C statistic		0.874			0.862			0.875	
Bootstrapped <sup>1</sup> Harrell'C statistic	(	0.874 [0.840 - 0	.895]	0.845 [0.803 – 0.872]		0.862 [0.826 - 0.884]			
Brier Score		0.0114			0.0140	0.43		0.0139	0.01
21101 00010	1	10.0076 - 0.015	11	1	10.0096-0.001	841	1	10.0095 - 0.01	821

Abbreviations: aHR, Adjusted Hazard Ratio; CI, confidence interval; ECOG PS, Eastern Cooperative Oncology

624 Group performance status; GUGT, Get up and Go Test; HR: hazard ratio; IADL, Instrumental Activities of

625 Daily Living; RWL: recent weight loss; CCI : Charlson Comorbidity Index; tdv, time-dependent variable.

626 <sup>a</sup>All Cox models were adjusted for treatment and center, and included randomization arm as a strata.

627 <sup>b</sup>Anemia: <12 g/dL for women and <13 g/dL for men

628 629

<sup>1</sup> bias-corrected bootstrap estimates

- 631 Table 4 - Multivariate analysis of clinical factors associated with grade-3, -4 or -5 (versus 0, -
  - 1 or -2) chemotherapy-induced toxicities in 437 patients given such therapy
- 632 633

	Model T1			Model T2		
Variables	<b>OR</b> <sup>a</sup>	95% CI	р	OR <sup>a</sup>	95% CI	р
IADL score ≤3 vs 4	1.79	0.99–3.24	0.053	_	_	_
Charlson Comorbidity Index score, $\geq 2$	1.94	1.06-3.56	0.033	1.88	1.03-3.44	0.04
vs 0–1						
Falls during last year, yes vs no	_	_	_	2.09	0.93–4.70	0.076
No. of chemotherapy cycles, 4 vs <4	0.55	0.35-0.88	0.012	0.54	0.34-0.85	0.008
AUROC	0.631 [0.56-0.67]			0.642 [0.58–0.68]		
Brier Score	0.1905			0.1902		
Hosmer-Lemershow goodness-of-fit	p = 0.90			p = 0.45		

Abbreviations: AUROC, area under the receiver operating characteristics curve; CI, confidence interval; IADL, Instrumental

Activities of Daily Living; OR, odds ratio.

<sup>a</sup>All logistic-regression models were adjusted for treatment and center, and stratified by randomization arm.