Study or Subgroup	Exergame Mean [points]	SD [points]	Total	Control Mean [points]	SD [points]	Total	Weight	Mean Difference IV, Random, 95% CI [points]
1.6.1 Active control group (other exercise program)								
Eggenberger 2015	19.2	3.9	24	20.1	4.2	15	17.2%	-0.90 [-3.54, 1.74]
Eggenberger 2016	19.1	2.3	19	18.2	1.4	14	74.4%	0.90 [-0.37, 2.17]
Van den Berg 2016	22.3	9.5	27	24.5	10.1	29	4.5%	-2.20 [-7.33, 2.93]
Yeşilyaprak 2016	23	5.2	7	23.6	6.8	11	3.9%	-0.60 [-6.17, 4.97]
Subtotal (95% CI)			77			69	100.0%	0.39 [-0.70, 1.49]

Heterogeneity: Tau² = 0.00; Chi² = 2.64, df = 3 (P = 0.45); I² = 0%
Test for overall effect: Z = 0.70 (P = 0.48)

Total (95% CI)			77			69	100.0%	0.39 [-0.70, 1.49]

Heterogeneity: Tau² = 0.00; Chi² = 2.64, df = 3 (P = 0.45); I² = 0%
Test for overall effect: Z = 0.70 (P = 0.48)
Test for subgroup differences: Not applicable

Figure A4. Forest plot for the FES-I score