

**Table 2: Baseline characteristics according to frailty status in the EPIDOS study population**

	Not-frail (N=5891)	Frail (N=771)	P value*
<b>Age, years</b>	80.2 ( $\pm$ 3.6)	82.2 ( $\pm$ 4.2)	<0.001
<b>Educational level</b>			<0.001/<0.001†
No formal schooling	1095 (18.6)	259 (33.7)	
Completed primary school	2144 (36.4)	294 (38.3)	
Formal schooling continued after primary school	2648 (45.0)	215 (28.0)	
<b>Lives alone</b>	3722 (63.2)	442 (57.5)	0.002
<b>BMI, kg/m<sup>2</sup></b>	25.2 ( $\pm$ 4.0)	26.7 ( $\pm$ 5.1)	<0.001
<b>Waist circumference &gt;88 cm</b>	1980 (33.6)	409 (53.0)	<0.001
<b>IADL, median [IQR]</b>	8 [7-8]	6 [4-7]	<0.001
<b>IADL (&lt;8)</b>	1558 (26.5)	607 (78.8)	<0.001
<b>Smoking history</b>			0.12
Never smoked	5068 (86.1)	661 (85.8)	
Past smoker	618 (10.5)	92 (11.9)	
Current smoker	199 (3.4)	17 (2.2)	
<b>Alcohol consumption</b>	2435 (41.3)	275 (35.7)	0.003
<b>Comorbidities (<math>\geq</math>2)</b>	4053 (69.4)	657 (87.0)	<0.001
<b>Treatments (<math>\geq</math>2)</b>	815 (14.3)	126 (17.0)	0.054
<b>Hypnotics</b>	2665 (45.3)	502 (65.3)	<0.001
<b>Psychoactive drugs</b>	970 (16.5)	244 (31.8)	<0.001
<b>Cardiovascular drugs (including antihypertensive drugs)</b>	3648 (62.0)	594 (77.2)	<0.001
<b>Fear of falling</b>	2779 (47.2)	610 (79.1)	<0.001
<b>Fall in the last 6 months</b>	1350 (22.9)	244 (31.7)	<0.001
<b>Admitted in the last 12 months</b>	910 (15.5)	213 (27.8)	<0.001
<b>History of fracture</b>	2621 (44.5)	373 (48.4)	0.04
<b>Sarcopenia (&lt;5.45 kg/m<sup>2</sup>/&lt;5.80 kg/m<sup>2</sup>)</b>	219 (10.4) / 518 (24.5)	28 (11.2) / 68 (27.3)	0.67/0.33
<b>Sarcopenic obesity (&lt;5.45 kg/m<sup>2</sup> /&lt;5.80 kg/m<sup>2</sup>) &amp; (BMI<math>\geq</math>30 kg/m<sup>2</sup>)</b>	0 (0.0) / 2(0.1)	0 (0.0) / 2 (0.4)	0.36

BMI, body mass index; IADL, Instrumental Activities of Daily Living; IQR, interquartile range

Data are mean (SD) or median (IQR) for quantitative variables and n (%) for qualitative variables.

\* Student's t test or Wilcoxon—Mann-Whitney test or Pearson's chi-square test or Fisher's exact test as appropriate

† Test for trend