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# Combination of Quadruple Antegrade and Retrograde In Situ Stent-Graft Laser Fenestration in the Management of a Complex Abdominal Aortic Aneurysm

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1 **Combination of quadruple antegrade and retrograde in-situ stent graft**  
2 **laser fenestration in the management of a complex abdominal aortic**  
3 **aneurysm.**

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34 **COMBINATION OF QUADRUPLE ANTEGRADE AND RETROGRADE IN-SITU**  
35 **STENT GRAFT LASER FENESTRATION IN THE MANAGEMENT OF A COMPLEX**  
36 **ABDOMINAL AORTIC ANEURYSM**

37 **Abstract**

38 **Purpose:** We report a case of juxta-renal abdominal aortic aneurysm - anatomically  
39 unsuitable for conventional endovascular repair because of narrow distal aorta - successfully  
40 treated by endovascular repair facilitated by in situ laser fenestration.

41 **Case report:** An aortic stent graft was inserted to exclude a juxta renal aneurysm: under  
42 image fusion guidance, antegrade in situ laser fenestration allowed to perfuse superior  
43 mesenteric artery and both renal arteries. After complementary insertion of an extended  
44 aorto-uni-iliac stent graft, retrograde in situ laser fenestration was performed to perfuse the  
45 contralateral left iliac artery, in order to overcome a narrow distal aorta.

46 **Conclusion:** In situ laser fenestration seems to be an effective solution for endovascular  
47 therapy of complex juxta renal aneurysms. In this case of narrow distal aorta it was a suitable  
48 alternative to overcome EVAR anatomical restrictions and to prevent other additional open  
49 surgical interventions.

50 **Keywords:** Juxta renal aneurysm, EVAR, narrow distal aorta, in situ laser fenestration.

## 51 **Introduction**

52 Open surgical aneurysm repair was the gold standard management for juxta renal  
53 aneurysm (JRA) until Fenestrated / Branched – endovascular aneurysm repair (F/B-EVAR)  
54 was proposed with a lesser mortality and morbidity rate upon short- and intermediate- term  
55 follow-up.<sup>[1]</sup>

56 Many limiting anatomical criteria must be considered before F/B-EVAR, in order to  
57 prevent post-operative complications such as endoleak, aortic rupture or graft thrombosis.  
58 Thus, alternative endovascular techniques, such as chimney techniques, home-made  
59 fenestrations, and in situ fenestration were developed to overcome these anatomical  
60 restrictions.

61 According to the European Society of Vascular Surgery, one of these criteria, i.e. aortic  
62 bifurcation diameter less than 20 mm – known as narrow distal aorta (NDA) -, is considered  
63 as a contraindication for conventional EVAR with bifurcated grafts, as it could lead to graft  
64 kinking or thrombosis.<sup>[2,3]</sup> Usually, surgeons rely on conventional EVAR using an aorto-uni-  
65 iliac (AUI) stent graft followed by a cross over femoro-femoral bypass. More recently, new  
66 techniques, such as AFX unibody bifurcated graft and “paving and cracking” technique were  
67 proposed to avoid additional open surgery. Over the last decade, in situ fenestration (ISF)  
68 provided another alternative for complex JRA, opening a new endovascular way to overcome  
69 aortic anatomical restrictions.

70 We describe total endovascular repair of a case with JRA and NDA treated  
71 successfully by combination of quadruple antegrade and retrograde in-situ laser fenestration  
72 (ISLF) of an aorto-uni-iliac (AUI) stent-graft under image fusion guidance.

## 73 **Case report**

74 A 69 years-old male patient, smoker with a past medical history of chronic obstructive  
75 lung disease, asthma, Klinefelter syndrome under hormonal therapy and type A hemophilia,  
76 was followed for asymptomatic abdominal aortic aneurysm.

77 Thoraco-abdominal aortic CTA showed a JRA with an increasing diameter of 51-52  
78 mm. Preoperative sizing showed a 4 mm short infra renal aortic neck length, a 14.8 mm  
79 proximal healthy landing zone involving superior mesenteric artery (SMA) and both renal  
80 arteries and a 12 mm circumferential calcified NDA diameter (Fig 1).

81 Conventional open surgery was refused by the patient for two reasons an increased risk  
82 of hemorrhage because of hemophilia, and a risk of renal impairment because of suprarenal  
83 aortic clamping.

84 FEVAR with bifurcated stent-graft was declined owing to NDA which could lead to  
85 graft kinking or thrombosis. Even if “paving and cracking” technique could facilitate  
86 introduction and deployment of the aortic stent-graft through the NDA, it was deemed at risk  
87 of aortic rupture. Hybrid surgery consisting FEVAR with AUI model followed by crossover  
88 femoro-femoral bypass was also declined because of the increased risk of wound/graft  
89 infection and hemorrhagic complication as above mentioned. Chimney technique was not  
90 preferred because we had had to use 3 chimneys stents for the superior mesenteric artery and  
91 both renal arteries, thus increasing the risk of type 1A endoleak due to multiple gutters.  
92 Finally, we could not use the AFX unibody bifurcated graft for the NDA because is not  
93 reimbursed in France and is not available a fenestrated custom-made model of it.

94 The patient was thus considered for total endovascular repair using ISLF. Under  
95 general anesthesia, We loaded pre-intervention CTA images with intraoperative unenhanced

96 cone-beam computed tomography (CBCT) images without contrast, in order to create a 3D  
97 road map overlay on 2D fluoroscopy, providing landmark rings for each targeted artery.(Fig.  
98 2).

99 After bilateral femoral and right brachial percutaneous access, we catheterized the  
100 superior mesenteric artery via the brachial access as a rescue procedure in case of failure of  
101 SMA fenestration. Catheterization of the abdominal aorta via the right femoral artery allowed  
102 placement of a Lunderquist guidewire up to the thoracic aorta.

103 We then deployed a 30/100/30 Valiant Captivia aortic stent graft (Medtronic, Santa  
104 Rosa, CA, USA) at the level of the celiac trunk, thus covering the superior mesenteric artery  
105 and both renal arteries.

106 Via the right femoral access, we inserted a long steerable Aptus catheter (Medtronic,  
107 Santa Rosa, CA, USA) to carry the Turbo Elite excimer laser catheter (Spectranetics,  
108 Colorado Springs, CO, USA) at a precise point to perforate the stent graft opposite to the  
109 SMA, guided by landmark rings previously created. We passed the guide wire into the SMA  
110 through the opening after two attempts of fenestration (10 minutes). Then, we used a 1.5x2.5  
111 mm cutting balloon followed by a 5x20 mm semi-compliant balloon to enlarge the perforated  
112 opening. Next, we inserted a balloon expandable Bentley covered stent 7x27 (Bentley  
113 Innomed, GMBH, DE). Maximum ischemia time was 21 mins. We used the same protocol  
114 for right and left renal arteries: maximum ischemia time 50 and 72mins respectively.

115 Finally, we deployed an Endurant 32/104/14 aorto-uni-iliac (AUI) stent graft  
116 (Medtronic, Santa Rosa, CA, USA) to the right iliac artery with 25 mm overlapping length  
117 with the Valiant stent graft. Via the left femoral artery, we inserted the APTUS steerable  
118 catheter (Medtronic, Santa Rosa, CA, USA) opposite to the AUI stent graft. We directly  
119 perforated it using the same laser fiber as previously. After only one attempt of laser

120 perforation , we were able to pass the 0.014 wire smoothly through the laser catheter and the  
121 opening .Then, we enlarged the opening with the same protocol as mentioned before and we  
122 inserted a 10x59 mm Advanta V12 balloon expandable covered stent (Atrium Medical  
123 Corporation, Hudson, NH). Maximum ischemia time for the left lower limb was 30 mins.  
124 (Fig 3)

125 Additional covered iliac stent was necessary to fix a dissection of the homolateral right  
126 external iliac artery. Final angiogram was satisfactory and showed patency of all stents  
127 without evidence of endoleak. Total operating time was 150mins, amount of contrast 60 cc,  
128 fluoroscopy exposure time 68 min, DAP 167138 mGycm<sup>2</sup>.

129 Post-operative course was uneventful, and the patient was discharged at day 7 after a  
130 post-operative CT scan showing good exclusion of the aneurysm. Stable baseline of  
131 creatinine level was at 74 µmol/L and lactate level was at 1.8 mmol/L.

132 6 months follow up CTA showed patency of the aortic stent graft and of all inserted  
133 stents and stable aneurysmal sac diameter at 52 mm. No endoleak was detected. (Fig 4).

## 134 **Discussion**

135 Open surgical aneurysm repair was the gold standard management for juxta renal  
136 aneurysm (JRA) until Fenestrated / Branched – endovascular aneurysm repair (F/B-EVAR)  
137 was proposed with a lesser mortality and morbidity rate upon short- and intermediate- term  
138 follow-up.<sup>[1]</sup>

139 The main challenge face surgeons during conventional EVAR for complex aneurysms  
140 is anatomical restrictions. Other off-label endovascular techniques were developed to  
141 overcome these anatomical restrictions such as chimneys techniques, home-made  
142 fenestration, and in situ fenestration.

143 In the present case, we describe the first application of retrograde ISLF to preserve the  
144 contra lateral common iliac artery following an antegrade ISLF of SMA and both renal  
145 arteries in the management of JRA with a NDA .

146 First ISF was reported by McWilliams in the management of saccular thoracic aortic  
147 aneurysm to maintain the left subclavian artery revascularization by retrograde way during  
148 thoracic EVAR. Since then, many ISF cases were reported to perfuse the aortic branches by  
149 two main methods; mechanical and physical fenestration and two main approaches;  
150 retrograde and antegrade way.<sup>[4,5]</sup>

151 Excimer Laser device, one of physical methods, was initially used by cardiologist to  
152 revascularize atherosclerotic coronary arteries. Then, it was proposed as an alternative  
153 technique instead of mechanical ISF to fenestrate the aortic stent graft by retrograde way for  
154 aortic arch reconstruction.

155 Also, ISLF was developed to be used by ante grade way in the management of JRA to  
156 perfuse reno-visceral arteries. Indication of the exact point of perforation during antegrade



157 ISLF is the corner stone of the procedure.<sup>[6]</sup>Therefore, preliminary stenting of target vessels is  
158 used to guide surgeons before laser fenestration until image fusion technique offered the  
159 creation of landmarks rings to simplify perforation procedure without preliminary stenting of  
160 target vessels as reported before by our team.<sup>[7,8]</sup>

161 The retrograde ISF through the common iliac artery was previously reported by coscas  
162 et al to convert an AUI to bifurcated endograft in the management of infra renal aortic  
163 aneurysm and a NDA by using in situ mechanical fenestration by the Ross modified  
164 Colapinto needle from the transjugular intrahepatic access set with satisfactory results. <sup>[9]</sup>

165 In the present case, using a retrograde ISLF through a calcified NDA had two main  
166 challenges. On the one hand, the implantation of an iliac stent through a small laser  
167 fenestration and a narrow circumferential calcified aorta may lead to stent stenosis and  
168 inadequate perfusion to contra lateral limb. On the other hand, the damage made by the laser  
169 fiber on the aortic stent graft fabric and the unreinforced fenestration could cause fenestration  
170 instability, weakness, and sealing long term issue. In our case, we fenestrated a woven  
171 Dacron stent graft by the laser fiber. Dacron stent graft showed more stability with laser  
172 fenestration compared to polytetrafluoroethylene covered endografts which seems to be  
173 unsuitable for laser fenestration.<sup>[10]</sup> Furthermore, physical in situ Laser fenestration showed a  
174 clean fenestration and less fabric fraying of the stent graft compared to mechanical needle  
175 fenestration according to in vitro benchtop evaluations.<sup>[11]</sup> Finally, the enlargement performed  
176 with the cutting balloon and semi-compliant balloon before stent insertion helped us to easily  
177 expand the iliac balloon expandable covered stent which reinforced the fenestration and  
178 prevent iliac limb stenosis or kinking due to the NDA.

179 By using this technique under image fusion guidance, we avoided any surgical  
180 intervention and we consumed less amount of contrast and less time of fluoroscopy exposure.

**181 Conclusion**

182 In situ laser fenestration offers an effective solution for endovascular therapy of complex  
183 juxta renal aneurysms. In this case of narrow distal aorta, ISLF was a suitable advance to  
184 overcome EVAR anatomical restrictions and to prevent other additional open surgical  
185 interventions providing safe and rapid total endovascular reconstruction of abdominal aortic  
186 branches and its bifurcation.

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228 **Figures quotations**

229

230 **Fig 1 :** pre-operative of Computed tomographic angiography (CTA) sizing. (A) 3D  
231 reconstruction of 52 mm juxta renal aneurysm. (B) short infra renal landing zone measuring 4  
232 mm, proximal healthy 14.8 mm landing zone involving superior mesenteric artery and both  
233 renal arteries. (C) 12 mm Circumferential calcified narrow distal aorta

234

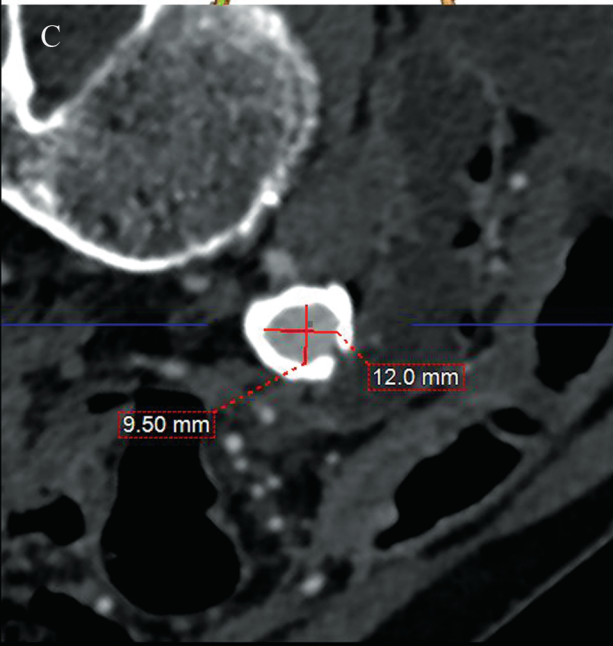
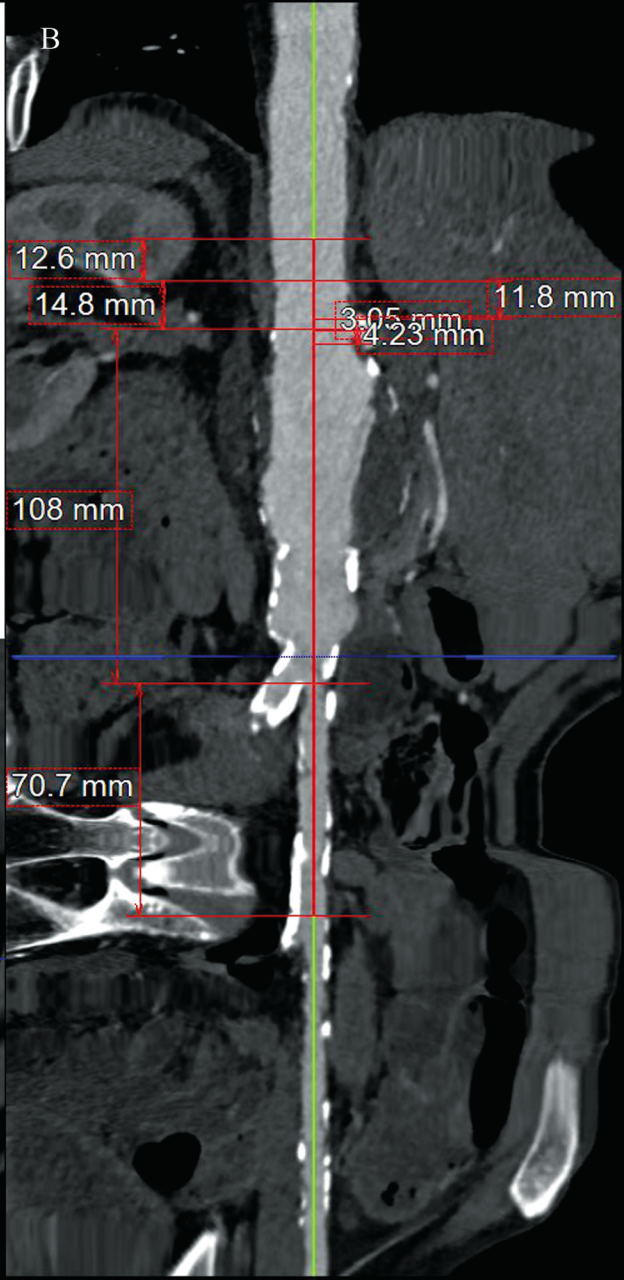
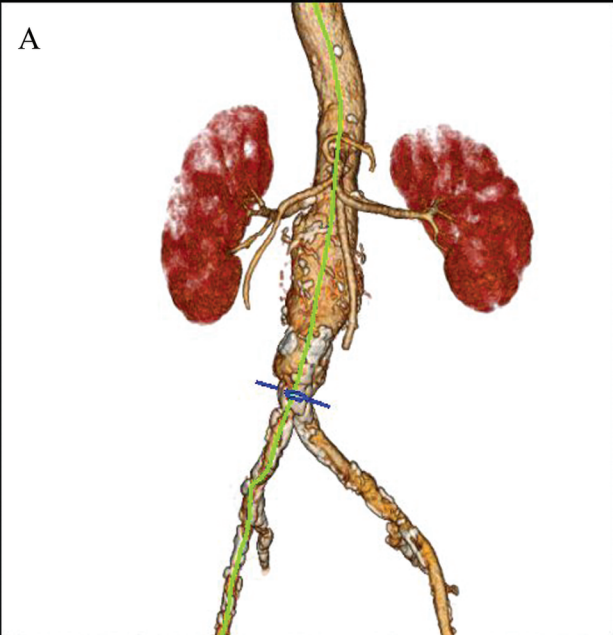
235 **Fig 2 :** 3D road map created by image fusion technique (A)created landmark rings of each  
236 targeted vessels , superior mesenteric artery (SMA) and both renal arteries before the  
237 antegrade laser fenestration (ISLF). (B) (SMA) catheterization with a guidewire after ISLF.  
238 (C) created left contralateral common iliac artery landmark ring before retrograde laser  
239 fenestration.

240

241 **Fig 3:** retrograde in situ laser fenestration technical steps. (A) Fabric hole enlargement using  
242 a 2.5 x 1.5 cutting balloon after in situ laser fenestration was performed through the Aptus  
243 steerable catheter using the Turbo Elite excimer laser catheter.(B) completion of the  
244 enlargement procedure using a 5 x 2 mm semi compliant balloon. (C)Insertion of V12  
245 balloon expandable covered stent (D) intra operative angiography showed intact stent  
246 without stenosis or endoleak.

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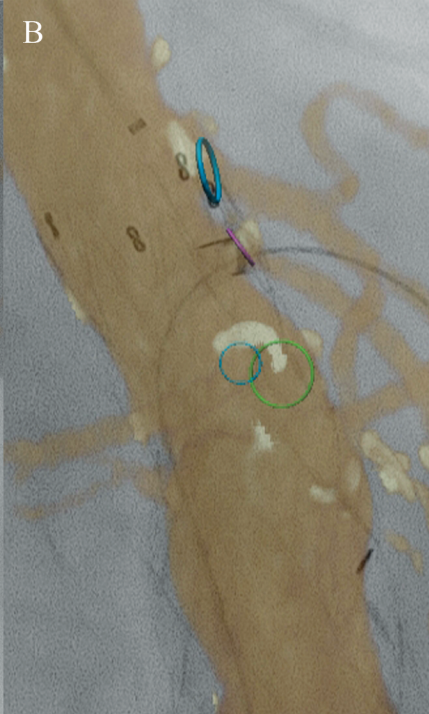
248 **Fig 4:** 6 months post-operative follow up. (A) 3D reconstruction CTA shows intact aortic  
249 stent graft. (B)patent SMA stent. (C) patent both renal arteries stents. (D) Stable aneurysmal  
250 sac diameter at 52 mm (E) patent common left iliac artery stent with no stenosis or  
251 compression.



A



B



C

